

admin@amplitudegymnastics.com

AMPLITUDE GYMNASTICS SCHEDULE
Starting from 08/17/2020

Classes - levels/days/hr.	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GYMNASTICS							
Stars	3-4 yr. 45min	3:30	4:30		4:30		9am
Bronze	(5-6) 60min	3:30	3:30		4:30	4:00	9am
Bronze	(7 +) 60min	5:30	4:30	4:30			
Silver	(7 +) 60min	6:30	5:30	6:30	5:30		10am
Gold	(7 +) 60min		5:30				
Adult Gymnastics	90min				7:30-9:00		

TUMBLING							
Tumbling Beginners	60min	4:30			3:30		
Tumbling I	60min	5:30	4:30; 6:30				11am
Tumbling Level 2/3	60min	6:30	3:30		2:30	4:00	
T & T	60min				6:30		

Parkour							
Parkour	60min	5:30	5:30		5:30		

BOYS GYMNASTICS							
Boys (5-6 yr.)	60min	60min		4pm	4pm		
Boys 7+ yr.	90min	90min		4pm	4pm	5:30	

